



# **APICON 2026, Patna, Bihar**

**29<sup>th</sup> January – 1<sup>st</sup> February 2026**

**Venue**  
**Samarat Ashok**  
**Convention**  
**Center, Patna**

Newsletter Compiled by

**Prof. Dr. Nandini Chatterjee,**  
Shraddha Panchal (**OneMD**) & Team





**API** ◆ **ICP** ◆ **PRF**

**NEWSLETTER**  
**ISSUE 3**

**OCT 2025 – JAN 2026**



## Message From President



Dear Friends.  
Greetings!

I am truly overwhelmed by incredible response received for the various programs including the very 1<sup>st</sup> API President – State Chairman/Secretary meet held at Kolkata. Such enthusiasm and dedicated efforts among our States and National team have lifted API to a whole new level.

Various special days including World Diabetes Day and National Physicians' Day were celebrated with great enthusiasm across the country. This has boosted us to take up more such challenges, and to make our organisation the very best.

API has launched various new initiatives and is geared up to go digital, including dedicated websites for all states to showcase their achievements.

The new PRF website now features a Journal Club where various international and state journals have been showcased. This will be a great resource of knowledge for our members.

In these recent months, our members have participated in all activities in large numbers, giving back to the society at large. I am hopeful that all API members will come forward with the same zeal and passion in our future ventures

Long Live API !

**Dr. Jyotirmoy Pal**

President, API

## Message From Dean



Dear Friends,  
Greetings!

It gives me great pleasure to welcome all API brothers and sisters across the country through this second issue of the API-ICP-PRF Newsletter. I extend my best wishes to each of you as we continue this important journey together

I congratulate Dr. Jyotirmoy Pal, President of API, for his vision in initiating this platform. With this second issue, our continuing efforts are reflected in bringing forward the academic, clinical, and educational activities of API and ICP, while also offering ICP fellows a space to share their contributions.

I am confident that this newsletter will remain a valuable medium for the exchange of ideas, knowledge, and skills, and will grow stronger with each issue.

Achieving better healthcare, one patient at a time.

With best wishes,

**Dr. Kamlesh Tewary**

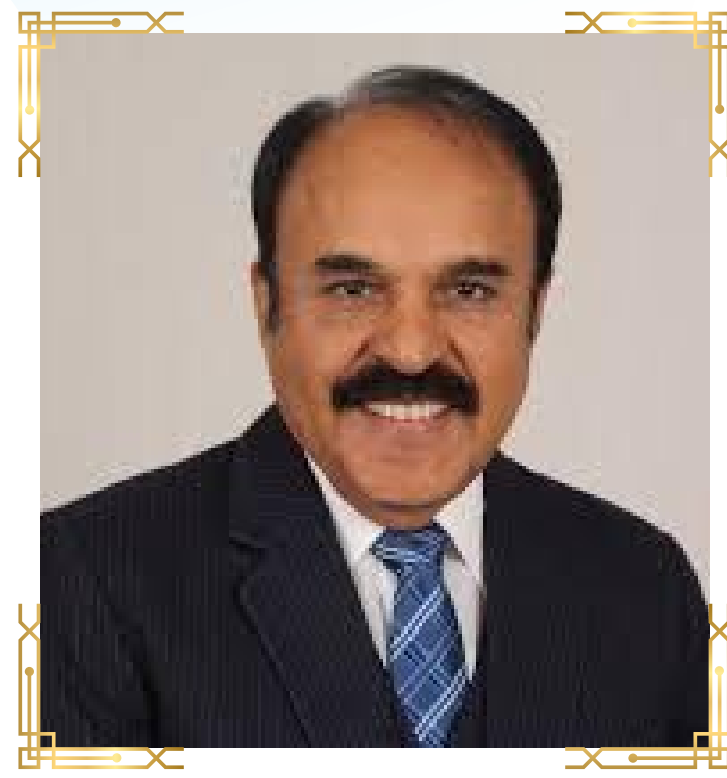
Dean, ICP



## Message From Director

## Message From General Secretary

Dear Friends,  
Greetings!



On behalf of the Physicians Research Foundation (PRF), I am pleased to extend our warmest felicitations and sincere appreciation to the entire team behind the Newsletter.

Your unwavering dedication to delivering accurate, timely, and insightful information is truly commendable. The newsletter has all the qualities to become a trusted reference for medical professionals, researchers, and the wider community. We deeply value the hard work, expertise, and passion that go into every issue. The team's commitment to excellence not only strengthens our understanding of diverse topics but also serves as an inspiration to pursue meaningful research activities.

As you continue to scale new heights, we wish you every success. May the Newsletter remain a beacon of reliable knowledge, and may your team continue to grow, inspire, and thrive. Please accept our heartfelt appreciation and best wishes for all your future endeavours.

**Dr. A Muruganathan**

Director, PRF

Dear API Members,



It is a matter of great pride and pleasure to present the third edition of the API Newsletter, a visionary initiative under the dynamic leadership of our President, Dr. Jyotirmoy Pal. The newsletter is envisaged as a dynamic platform for knowledge sharing, collaboration, and engagement across our fraternity. I sincerely acknowledge the efforts of our Newsletter Committee Members – Dr. Nandini Chatterjee, Dr. Rakesh Bhadade, Dr. Sangram Biradar, Dr. Shambo Samajdar, Dr. Anupam Prakash, Dr. Ashutosh Chaturvedi, Dr. S.V. Kulkarni, Dr. Amit Das, and Dr. N.P. Singh – whose dedication has made this initiative a reality. The API Newsletter truly represents the face and voice of our association, connecting members with activities of State Chapters and City Branches, key announcements, and important initiatives from API Headquarters.

I encourage all members to proactively engage with API and inspire colleagues, peers, and students to become part of our growing professional community. With your continued participation and feedback, I am confident this newsletter will evolve into a strong channel of communication, learning, and collective pride. Warm regards,

**Dr. Puneet Saxena**

Hon. General Secretary - API



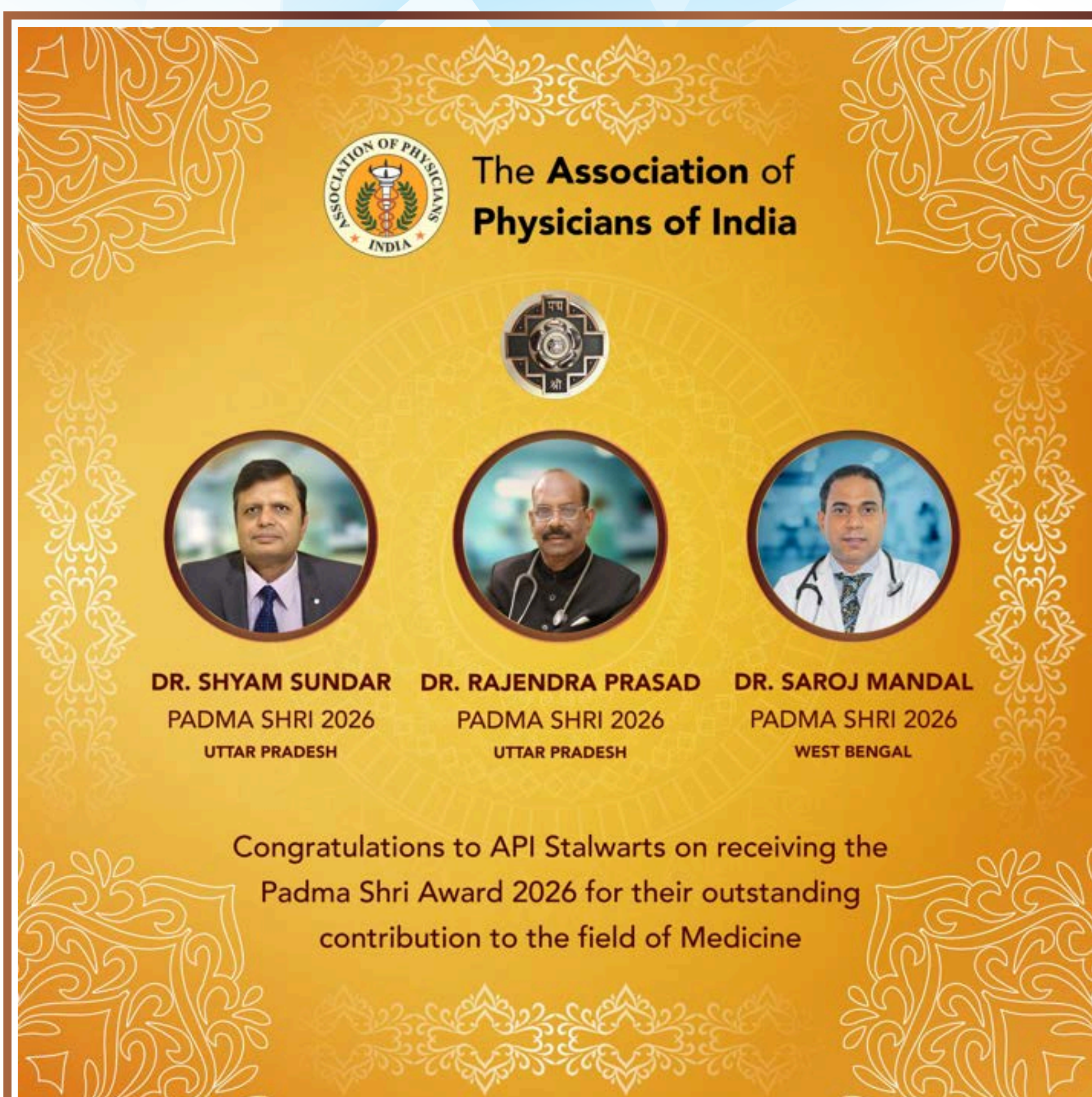


**Inauguration of the new lovely office at Turf estate, Mahalaxmi race course Mumbai on 21st November 2025 by hands of President Dr Jyotirmoy Pal in esteemed presence of Dr K K Pareek, President Elect Dr Gumdal Narsimulu, Dean ICP Dr Kamlesh Tiwari, Dean Elect ICP Dr Girish Mathur, Director PRF Dr A Murugnathan and all governing body members**

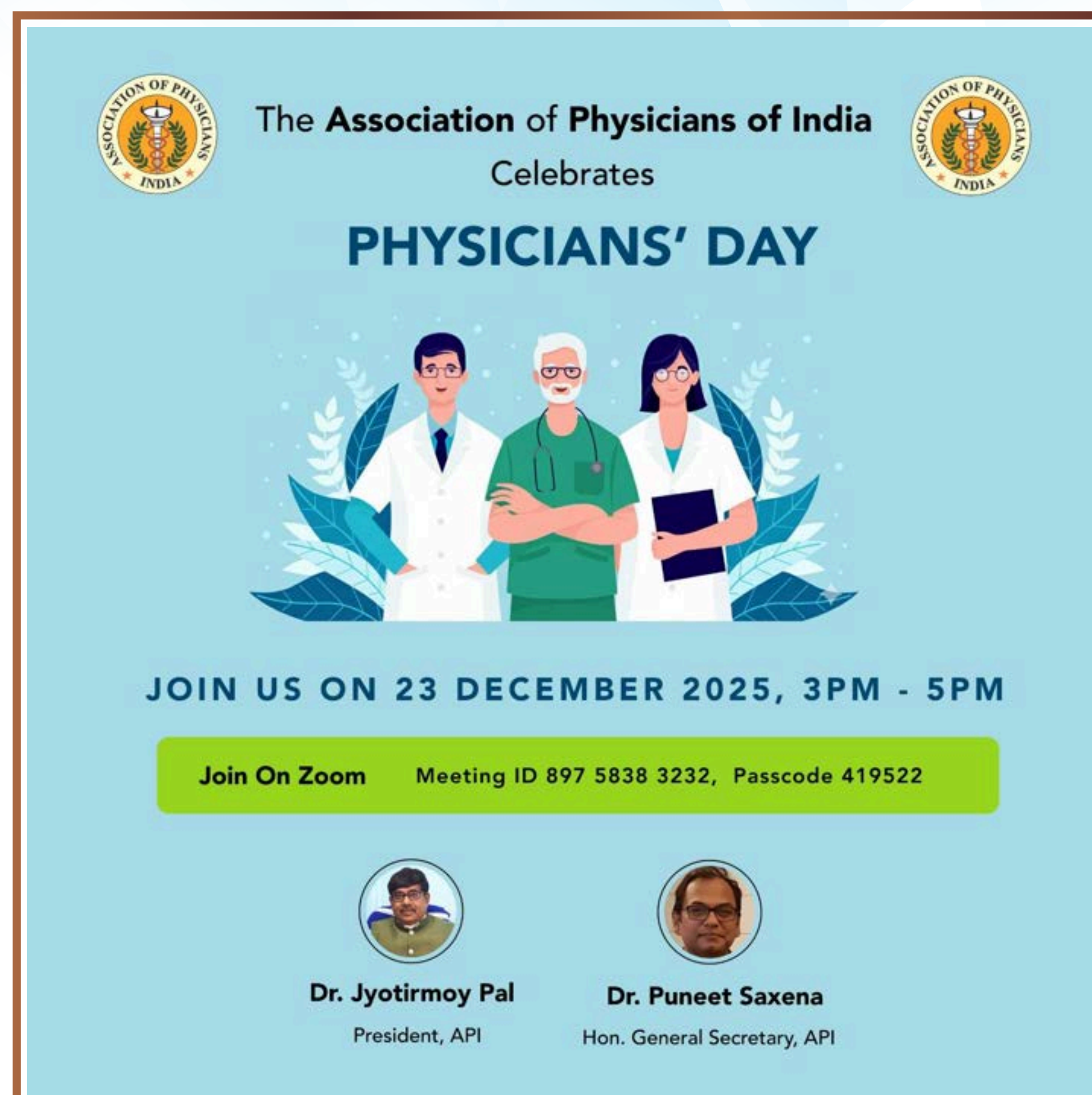


**API House Meeting**





**API Stalwarts received the Padma Shri Award 2026**



**National Physicians' Day Celebration**

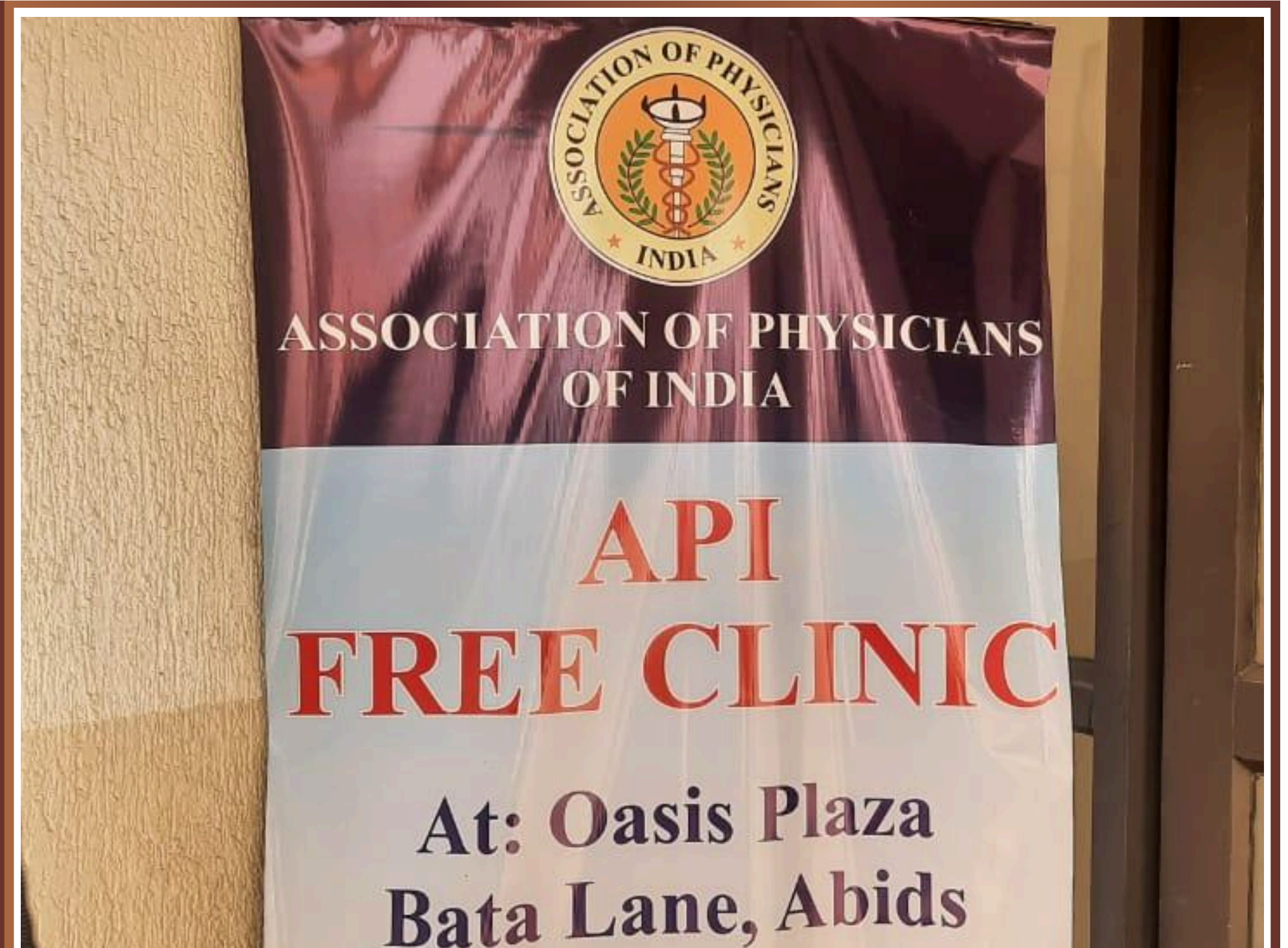


**EZAPICON 2025 at Kolkata**





Village health camp of API (West Bengal – Bihar– Jharkhand) at Tricut hill region of Baidyanathdham, Deoghar, Jharkhand



Hyderabad Free Clinic



API Free Clinic, Deoghar, Jharkhand

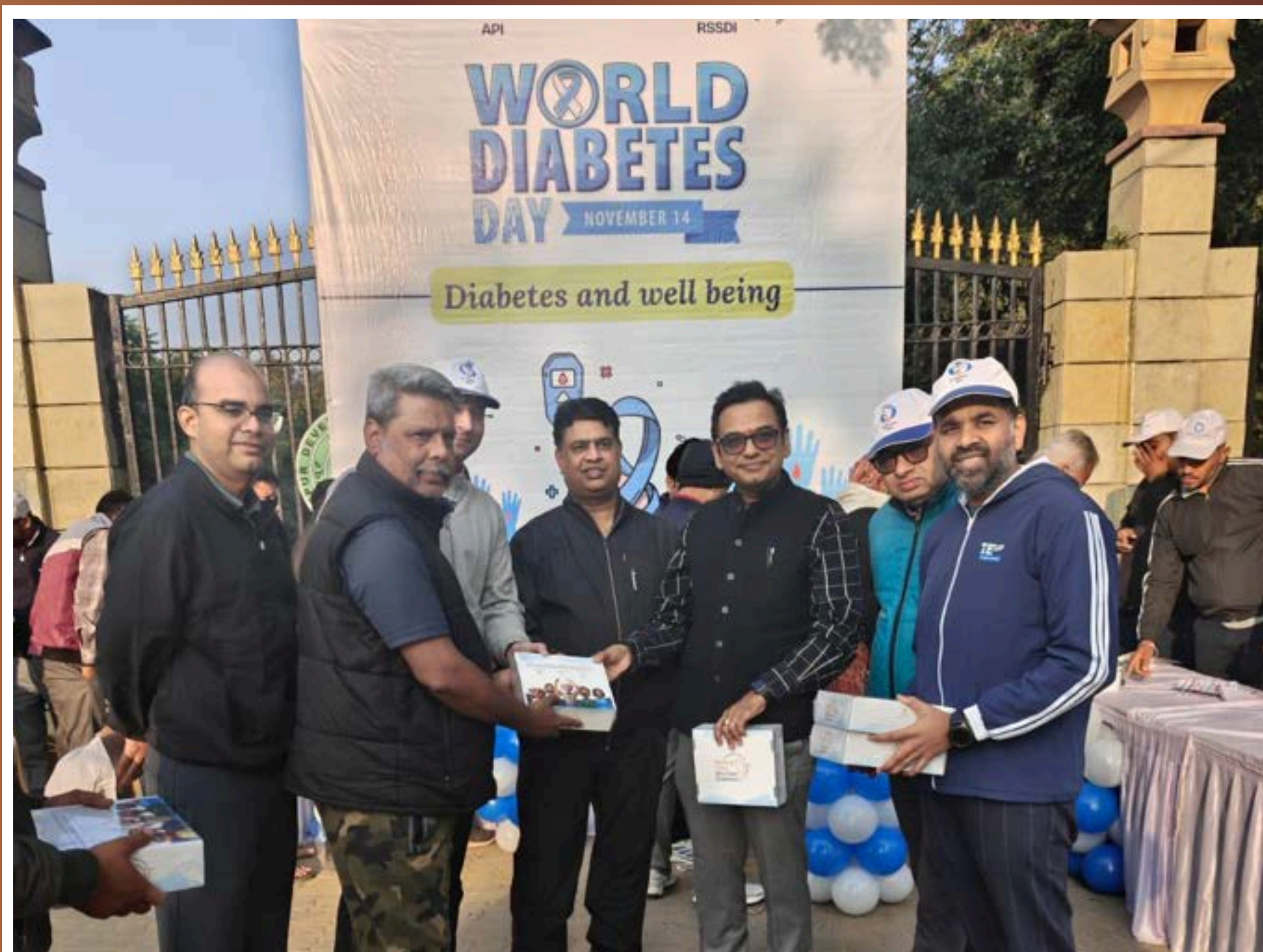




**Flood Relief Camp at Siliguri**



## World Diabetes Day



Diabetes day at Jaipur, Rajasthan



Diabetes Day Celebration by Educating the School Children above 10th Std- API Tamilnadu



API Muzaffarpur on Diabetes day



Diabetes day at Telangana



Diabetes Day camp at Belur Math by API West Bengal



# National Physicians day



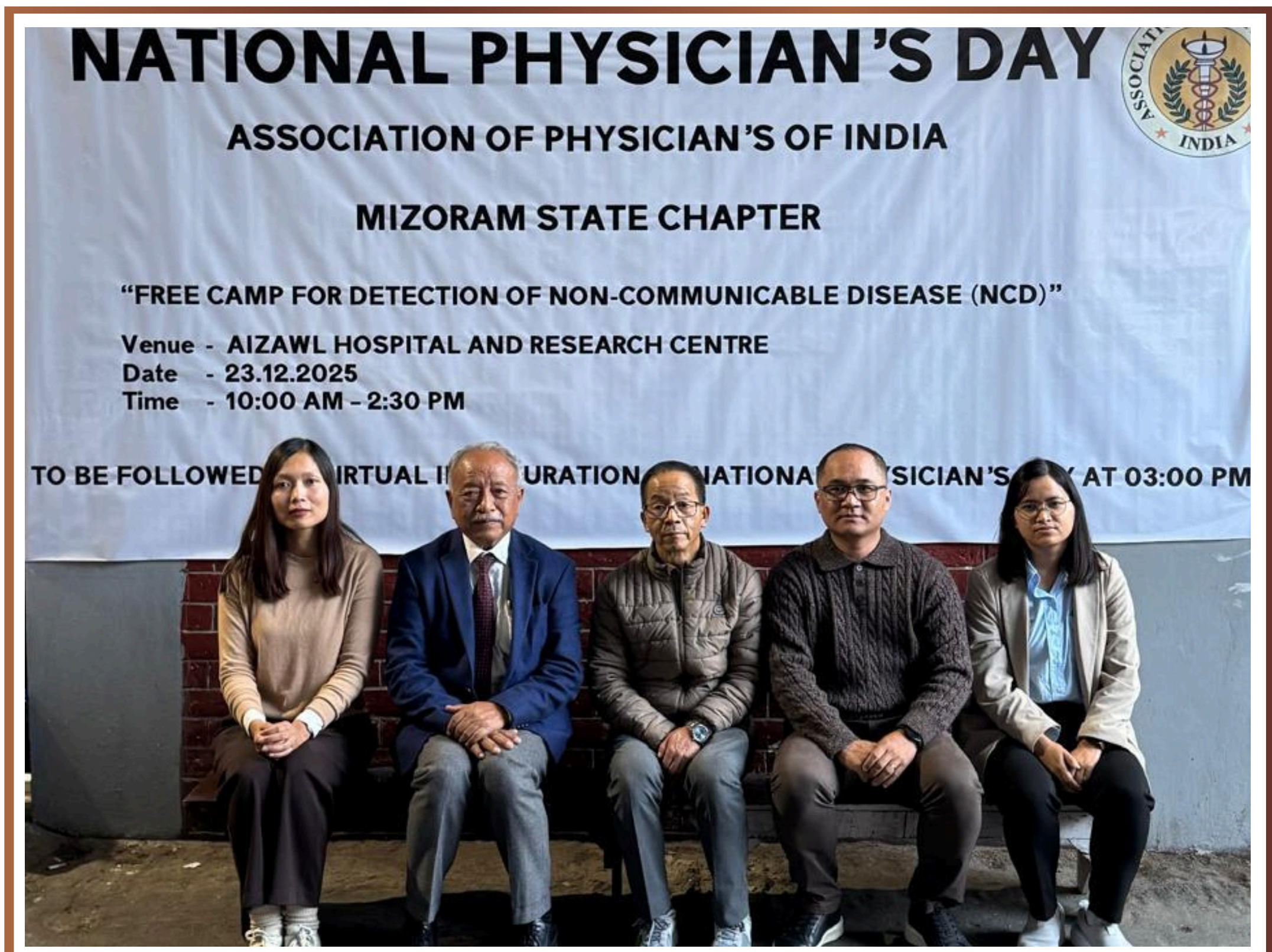
Physicians day celebration at Raichur



National Physicians Day observation at Kasaragod



Physicians day at Assam



Physicians day celebration at Mizoram



## National Physicians day



On national Physicians day, a small event was organised in Shimla under the banner of HPAPI and all senior physicians in Shimla were felicitated.



Physicians day celebration at Arunachal Pradesh



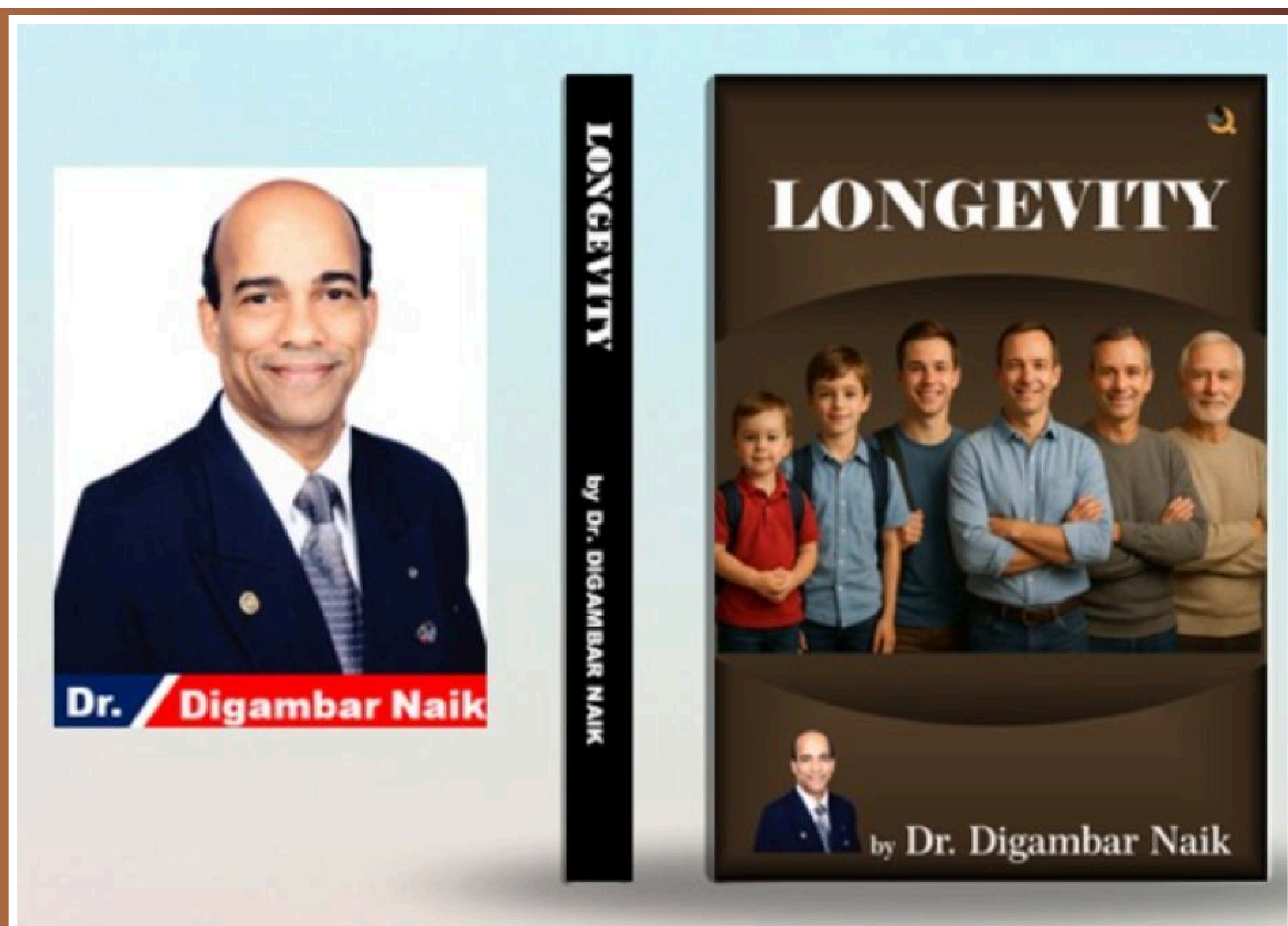
Physicians day has been observed in Siliguri. Dr Barun Kisor Biswas , Senior Physician of Jalpaiguri has been felicitated in Siliguri in the presence of all Physicians of API Siliguri branch



## API Publications

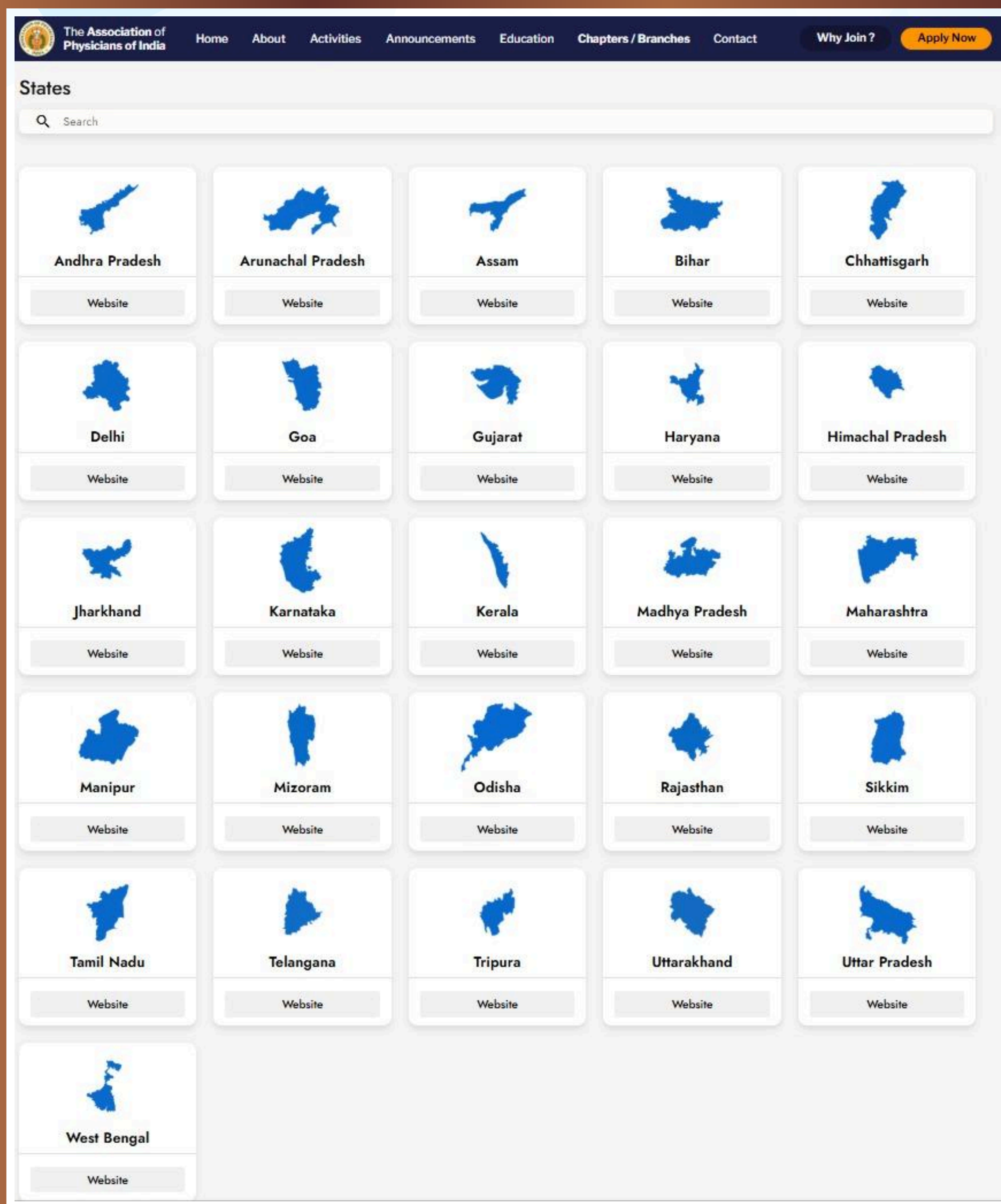


Release of Medicine Update in State annual conference of Assam in kaziranga



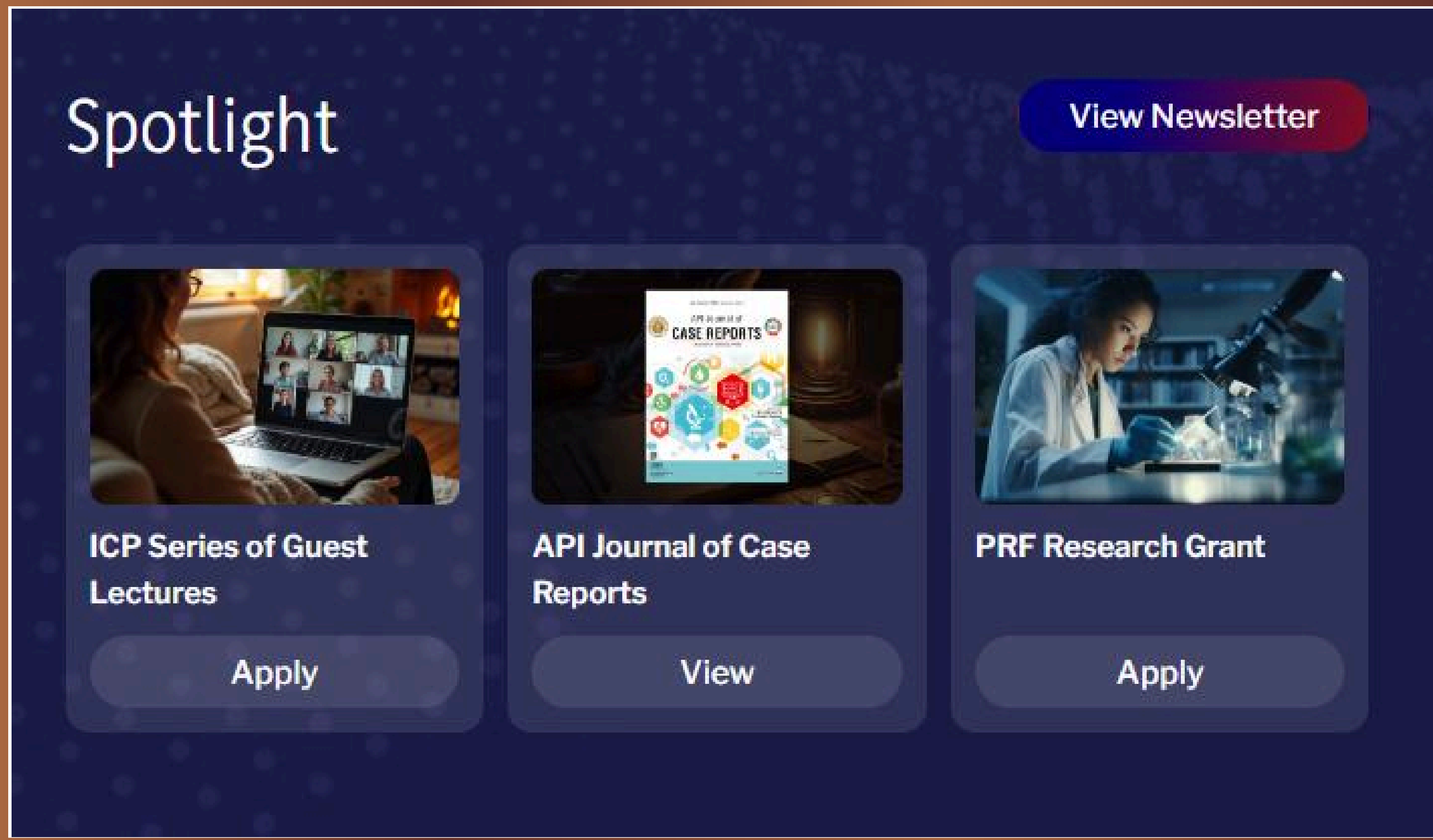
Book Released by Goa Chairperson Dr Digambar Naik on Longevity





The screenshot displays the API website's 'States' section. At the top, a navigation bar includes links for Home, About, Activities, Announcements, Education, Chapters / Branches, Contact, Why Join?, and an Apply Now button. Below the navigation bar is a search bar labeled 'Search'. The main content area features a grid of 26 state websites, each represented by a blue map icon, the state name, and a 'Website' button. The states listed are: Andhra Pradesh, Arunachal Pradesh, Assam, Bihar, Chhattisgarh, Delhi, Goa, Gujarat, Haryana, Himachal Pradesh, Jharkhand, Karnataka, Kerala, Madhya Pradesh, Maharashtra, Manipur, Mizoram, Odisha, Rajasthan, Sikkim, Tamil Nadu, Telangana, Tripura, Uttarakhand, Uttar Pradesh, and West Bengal.


**26 state websites ready and integrated with central website**



The screenshot shows the 'Spotlight' section of the API website. It features a dark blue background with a grid of three featured items. Each item includes a thumbnail image, a title, and a button. The items are: 'ICP Series of Guest Lectures' with an 'Apply' button, 'API Journal of Case Reports' with a 'View' button, and 'PRF Research Grant' with an 'Apply' button. A 'View Newsletter' button is located in the top right corner.

**Latest Developments Listed in Spotlight**






The Physicians Research Foundation

[Home](#)[About PRF](#)[Activities](#)[Announcements](#)[Webinars](#)


# Journal Club

View All




**JAPI (INDIA)**

Association of Physicians of India (API) was founded in the year 1944 at Madras. Till 1952, the association had no journal. In fact the presidential address deliver...




**JAIM (NEPAL)**

Journal of Advances in Internal Medicine (JAIM) is a biannual, peer-reviewed, open-access, international medical journal ISSN 2091-1432 (Print) and...




**AJIM (SRI LANKA)**

The Asian Journal of Internal Medicine is the official journal of the Sri Lanka College of Internal Medicine. It is a peer-reviewed journal which is currently...




**BJM (BANGLADESH)**

Bangladesh Journal of Medicine - "Official Organ of the APB" - publishes original clinical research of interest to physicians in medicine, both in...




**EJIM (EUROPE)**

The European Journal of Internal Medicine is the official journal of The European Federation of Internal Medicine (EFIM), a scientific...




**BPJ (BENGAL)**

Bengal Physician Journal (BPJ), the official publication of Association of Physicians of India; West Bengal Chapter, is a peer-reviewed, open acc...




**AJIM (ASSAM)**

Assam Journal of Internal Medicine, a publication of Association of Physicians of India, Assam Chapter, is a peer-reviewed print + online Semiannual...



**JAPT (TAMIL NADU)**


Our journal serves as a testament to this legacy, offering a scholarly platform for physicians to share knowledge, contribute original research, and enga...



**APIK (KARNATAKA)**

The journal has been in existence for the past 20 years as Karnataka Medical Journal, Karnataka Journal of Medical Sciences, Journal of Internal Medicine,...

Journal Club published on the PRF Website



The Association of Physicians of India

[Home](#)[About](#)[Activities](#)[Announcements](#)[Education](#)[Chapters / Branches](#)[Contact](#)

[Why Join ?](#)[Apply Now](#)

## Branches

Andhra Pradesh

Guntur

Tirupati

Visakhapatnam

Assam

Dibrugarh

Diphu

Golaghat

Guwahati

Jorhat

Nagaon

Nalbari

North Lakhimpur

Silchar

Sivsagar

Tinsukia

Tezpur

Bihar

Bhagalpur

Chhapra

Darbhanga

Gaya

Muzaffarpur

Nalanda

Pataliputra

Patna

Purnea

Sitamarhi

Chhattisgarh

Searchable List of City Branches of all State Chapters





**INAUGURATION OF RESEARCH WEEK**

WEBINAR ON

**STEPS IN EFFECTIVE PUBLICATION**



**DR. A. MURUGANATHAN**  
PRF DIRECTOR  
MODERATOR



**DR JYOTIRMOY PAL**  
PRESIDENT - API  
CHIEF GUEST



**DR PUNEET SAXENA**  
GUEST OF HONOUR  
HON. GENERAL  
SECRETARY API



**DR SIVA PM**  
SPEAKER



**DR COWSHIK E**  
PANELIST

**7.11.2025 (FRIDAY)**  
**9.00 PM ONWARDS**



**RESEARCH WEEK DAY 3**

WEBINAR

**Lecture 1-  
Clinical Research  
Ethics: What  
Physicians  
should Know?**



**DR SHAMBO S  
SAMAJDAR**  
SPEAKER

**Lecture 2-  
Informed  
Consent  
Process**



**DR NANDINI  
CHATTERJEE**  
SPEAKER



**DR. A. MURUGANATHAN**  
PRF DIRECTOR  
MODERATOR

**10.11.2025  
(MONDAY)**  
**9.00 PM ONWARDS**

**Inauguration of Research Week**



**RESEARCH WEEK CELEBRATION**

**7.11.25 to 14.11.25**

*Advancing Medical Research for Better Healthcare*

Course director and moderator- Dr. A. Muruganathan, PRF Director

Date	Day	Session	Speaker
7.11.25	Friday	Inauguration of Research Week	Chief guest- Dr. Jyotirmoy Pal, President API Guest of honour- Dr. Puneet Saxena, Hon. General Secretary, API
		Steps in effective publication	Dr Siva P M
8.11.25	Saturday	Registration of clinical trials	Dr Nalini R
10.11.25	Monday	Clinical Research Ethics: What Physicians should Know?	Dr Shambo S Samajdar
		Informed Consent Process	Dr Nandini Chatterjee
11.11.25	Tuesday	How to frame a good research question	Dr Puneet Saxena
12.11.25	Wednesday	Research beyond boundaries	Dr Himmatrao S Bawaskar, Panelist- Dr Kulkarni
13.11.25	Thursday	Research Hackathon	Judges- Dr Jyotirmoy Pal, Dr Puneet Saxena Coordinator- Dr Siva PM
14.11.25	Friday	Panel discussion on Research Methodology and Valedictory	Dr A Muruganathan, Dr Sudha Ramalingam, Dr Minakshi Dhar, Dr Vijay Vishwanathan

**SAVE THE DATES**

Links for each day will be sent separately

API | ICP | PRF

NEWSLETTER  
Issue 3, Oct 2025 – Jan 2026

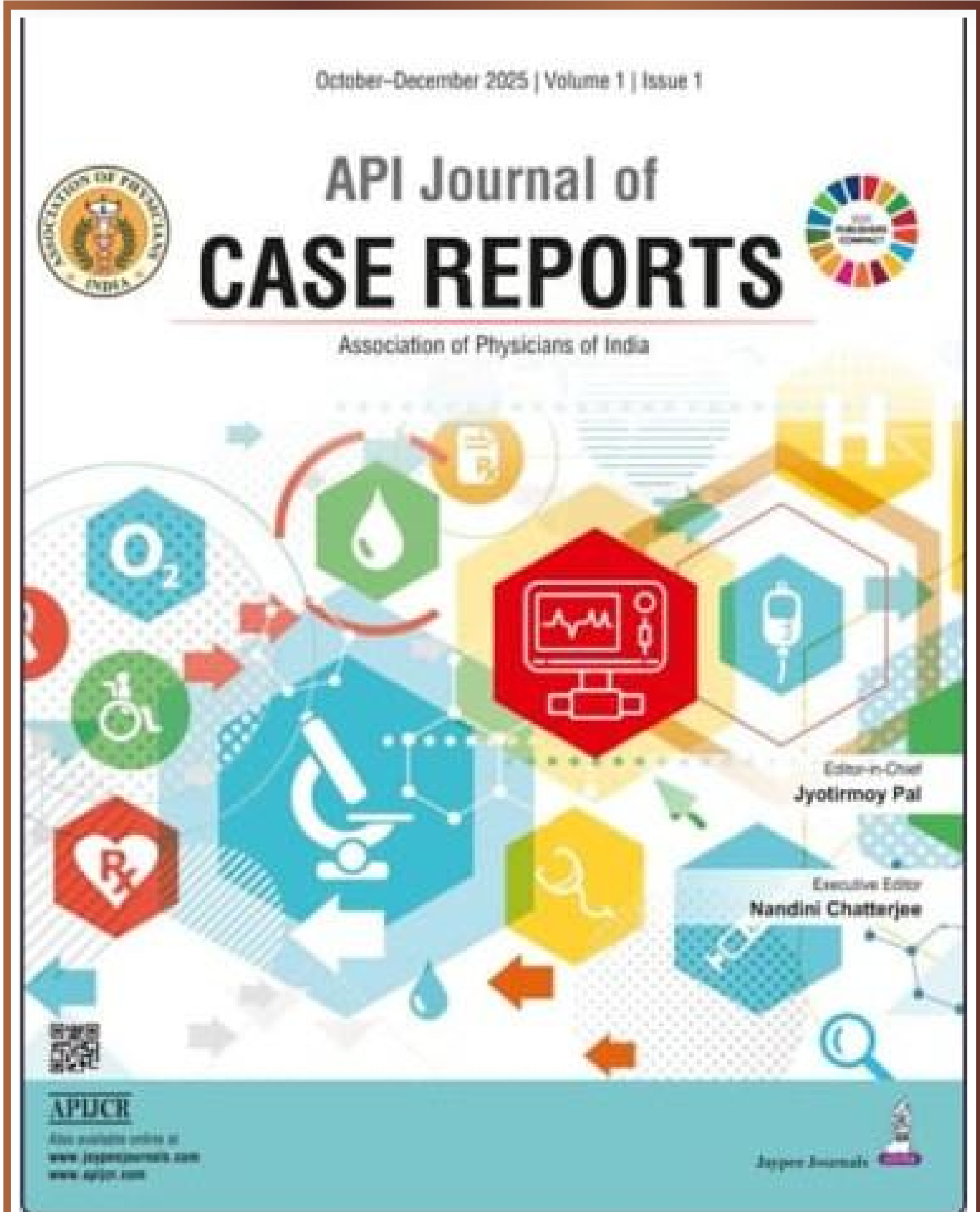
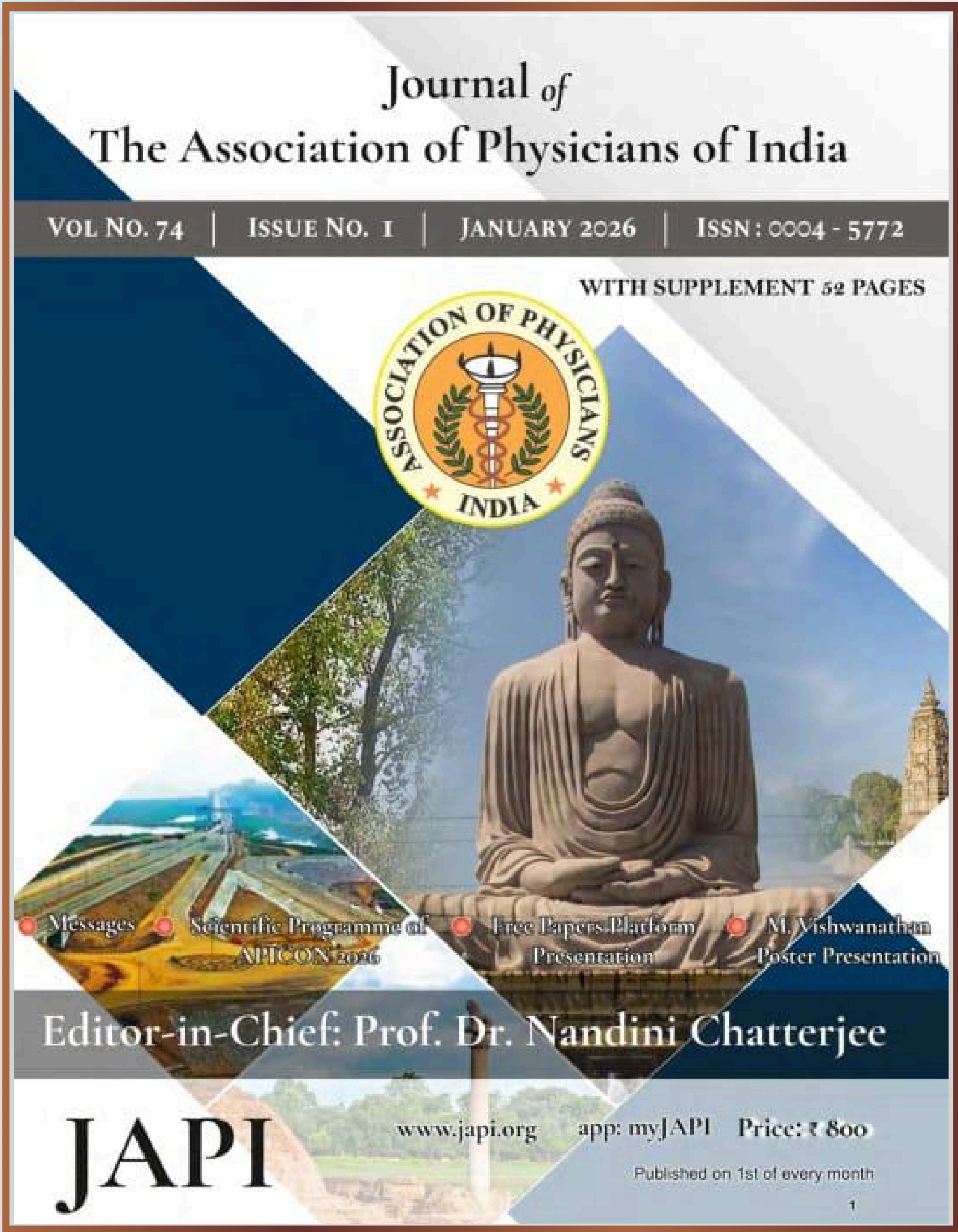
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## First ever ICP-Con at Kishangunj, Bihar





API Journal of Case Reports First Issue Published



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Contact
Why Join ?
Apply Now

## Journals

### Bengal Physician Journal

Bengal Physician Journal (BPJ), the official publication of Association of Physicians of India; West Bengal Chapter, is a peer-reviewed, open access journal aims to publish original research papers, review articles, rare and novel case reports, and clinical techniques from all specialties of Medicine.

### Assam Journal of Internal Medicine

Assam Journal of Internal Medicine, a publication of Association of Physicians of India, Assam Chapter, is a peer-reviewed print + online Semiannual journal. The journal allows free access (Open Access) to its contents and permits authors to self-archive final accepted version of the articles on any OAI-compliant institutional / subject-based repository.

### The Journal of the Association of Physicians of Tamil Nadu

Our journal serves as a testament to this legacy, offering a scholarly platform for physicians to share knowledge, contribute original research, and engage in meaningful discourse, thereby elevating healthcare standards in Tamil Nadu and beyond.

### The APIK Journal of Internal Medicine

The journal has been in existence for the past 20 years as Karnataka Medical Journal, Karnataka Journal of Medical Sciences, Journal of Internal Medicine, Research, Reviews, Reports and now as APIK Journal of Internal Medicine encouraging medical personnel to publish their research articles. The journal does not charge any thing to the authors for publishing the article in the print journal if accepted at present. There is wider scope for authors to send the articles under various headings which should be clinically useful.

## State Journals Listed on National Website

Announcement for Vice President Position

JAPI
Journal of The Association of Physicians of India
Home
About
Current
Archive
Podcast
Instructions
Submit an Article

Editor-in-Chief | Prof. Dr. Nandini Chatterjee
Vol 74 | Issue 1 | January 2026 | ISSN: 0004-5772

## Current Issue

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MESSAGES
Editor-in-Chief's Message
Nandini Chatterjee

MESSAGES
Hon. Gen. Secretary's Message
Puneet Saxena

MESSAGES
President's Message
Jyotirmoy Pal

MESSAGES
President-elect Message
G Narsimulu

MESSAGES
Dean ICP's Message
Kamlesh Tewary

ORIGINAL ARTICLE
A Prospective Real-world Study to Assess Safety, Tolerability, and Effectiveness of...
Prabhat Kumar Agrawal, Ketan K Mehta, Abhisekh...

## Groundbreaking Medical Research for a Healthier India

## Brand New JAPI Website